



# MARIST VALLES



Marist Education  
WEST CENTRAL EUROPE

Marist Curriculum Booklet 3

# MARIST VALUES

Marists are renowned for their ethos founded on a sense of 'family spirit', which are recognizable by five values. These values come from our founder Marcellin Champagnat.

## Why are values important?

Our values inform our thoughts words and actions. They help us create the type of future we want to experience. When we use our values to make a decision, we make a deliberate choice to focus on what is important to us. When values are shared like Marist Values, it builds a family spirit and connection amongst people.

The Marist Brothers have schools and projects in 82 different countries around the world. Although there are different languages and cultures they all share the same values. Marist schools and projects have Marist Spirit!



# The Five Values of Marist Education are:

1. Presence
2. Family Spirit
3. Simplicity
4. Love of Work
5. In the Way of Mary

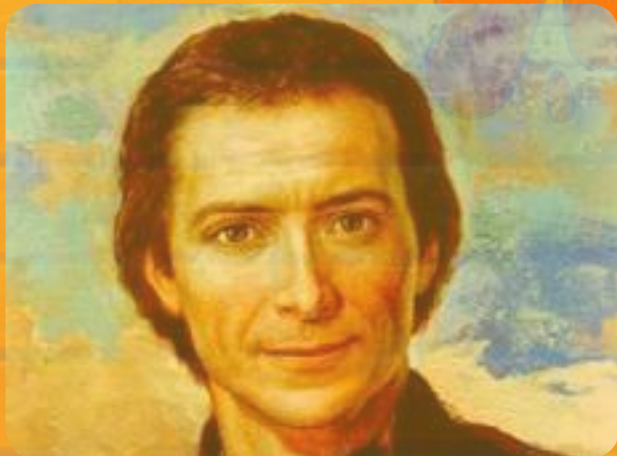


Explore this booklet to develop a deeper understanding about the Marist Values you share with Marists around the world.





# 男子力



## **We give time to people.**

We take time to say hello and be friendly to everyone we meet. We are prepared to spend time with people and show interest in what they do.

## **We make sure there is a place for everyone and all are included.**

We never leave anybody out of activities and include anyone who seems to be alone, making all feel that they belong to the group.

## **We get to know and respect each person individually.**

We take time to ask people questions about their interests and views on different things. We chat to people we don't normally hang around with outside of school.

## **We have a positive attitude towards each other that helps us all to grow in self-confidence.**

We always have a good word to say to encourage a fellow student, even something small, like telling him/her, they are friendly, or a good football player, or good at a particular subject.

**We set a good example for others.**

Like when you do and say kind things in school to others and younger students see this as the way they should also behave.

**We are attentive and welcoming towards others.**

When a new student joins the class, we are prepared to take time to talk to him/her and help him/her to find their way around the school, even if it means missing out on our favourite sport at lunchtime.

**We earn trust, and we help others to be open with us.**

To earn trust you have to show you can be trusted. For example,

when someone tells you something personal about themselves and they ask you not to tell anyone else, you don't unless you think they are in any danger. Then they know they can trust you and will be able to talk to you again.

**We make the most of each day with others in our activities.**

Be always kind and courteous to everyone you meet whether in class, playing games, going somewhere or just chatting to friends.

**We allow God to be present in our lives.**

We say a prayer for all our families. We pray for those who are sick or who have died.

## TO DO:

Have you experienced the value of 'Presence in your school from other students, teachers or other staff? Write examples from your experience or situations where you have seen this happen with other people.

Take a few moments in class to pray in silence for all these intentions. Read and write a paragraph on one of the parables in the gospels where Jesus cured somebody. E.g. Gospel of John 5-15: Story of the healing of the paralyzed man.

# Community



We care for each other like members of a family do for one another. Treating, caring and standing up for everyone like they were our brother or sister.

**Gathered around the same table - 'like the La Valla Table' we experience family.**

Can you remember a family, school or other event where you shared a meal and felt united with everybody in a special way?

**We undertake to build community in our school.**

A community is a group of people who have something in common like a school. A Marist community is where we have common values that we put into practice like; welcoming everyone, pride in our work, having respect for each other, being honest.

**We share life's successes and failures and always support one another.**

We are prepared to talk and listen to our fellow students and are interested in what is going on in their lives. We congratulate

others on their achievements in school or outside of school and support them if they are having difficulties with study, or a friendship, or at home.

**We set clear standards of mutual respect and tolerance.**

We respect the right of other students to express ideas and opinions that are different from our own views. We have respect for everybody in our community.

**We believe in each person's innate goodness, not confusing the person with his/her behaviour.**

Anyone can lose their way sometimes and they deserve a second chance. Don't give up on someone just because they have

made a mistake and allow them to make a fresh start.

**We give most attention to those whose needs are greatest.**

We are prepared to help a fellow student who may be finding life difficult. We support a student where a family member has died.

**We encourage leadership based on working as a team and sharing responsibility for what we do.**

We get involved in activities that make the school a better place like joining sports teams, helping out our teachers and fellow students.

**All are equal in our Marist family. Everyone is different and we all try to reach our potential.**

## TO DO:

We set high standards for ourselves and support one another to achieve what each of us is capable of achieving in school and later in life.

Read and write a paragraph explaining the message in the gospel story of the parable of the Mustard Seed (Mark 4- 26-32.)

**Is there a family spirit in your school?  
Write examples of where and when you have seen or heard about it in action.**



# MARIST VALUES

Answer the questions and follow the clues (hint: each word can be found in the previous pages on Marist Values).

## ACROSS

4. To care, protect, stand up for and give attention to someone who is growing up.
6. Caring for others like a mother does for a child.
7. Doing good quietly.
8. When we treat people like a brother or sister.
11. When we are genuine and straightforward in our relationships .
12. Showing energy or excitement.

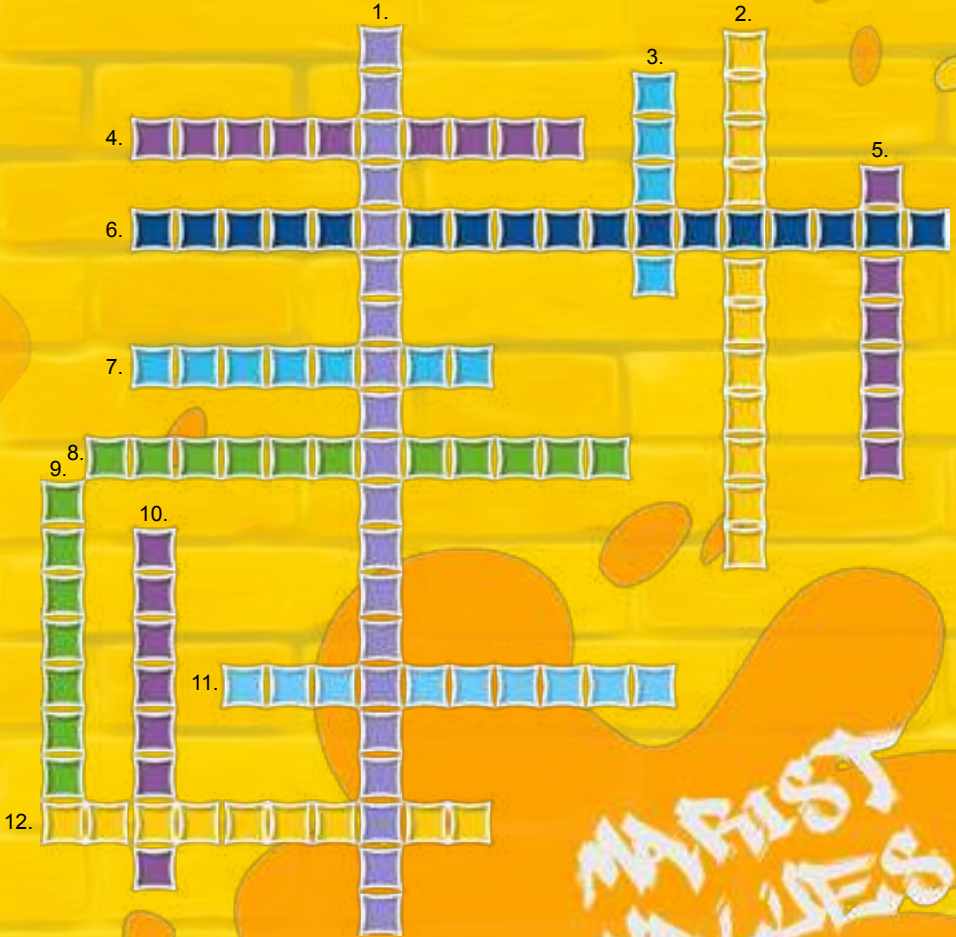
## DOWN

1. Founder of the Marist Brothers.
2. When you are ready to roll up your sleeves.
3. A word to describe the set of values or spirit a school has.
5. When we get to know and respect people individually.
9. Taking time to talk to and listen to people.
10. A group of people with common values.





Please photocopy the crossword and do not write in the booklet so others may use it



MAFIST  
VALLES

# EXAMPLES



**We are genuine and straightforward.**

For example a friend who has your best interests at heart and will always tell you what you should do in a given situation for your own benefit.

**We are honest in our relationships.**

We tell the truth, which is the right thing to do, and share how we feel about something that is important to us. Remember that you should only say something if you think it will be of benefit to the person.

**We say what we believe and show it.**

We help a fellow student against bullying and stand up for students being bullied even when it is not popular to do so.

**We are humble and modest in what we do, 'we do good quietly'.**

We help a fellow student in some way because we know it's the right thing to do and not because we want to get praise for it.

**We appreciate family and friends**

more than possessions and fame.

We do simple acts of kindness for our family and friends to thank them for their support. We spend time with them rather than just looking for the most expensive iPhone.

We have a social conscience, social responsibility and are

concerned about the future of the world.

We support non-uniform days for various charities. We have respect for property, keeping it clean and graffiti free. We recycle goods to protect the environment.

## TO DO:

Write some examples you have seen in your school that demonstrate the value of 'Simplicity'. It can be actions you were involved in, you experienced yourself or you've seen others do.

Read and write a paragraph explaining the message of the parable of the Prodigal Son in the Gospel of Luke (15, 11-32)



# Work of the Heart



**We view work as a way to bring purpose and meaning to life.**

Work helps us to make a contribution to family and society.

Work helps us to develop values and to meet the challenges of life, be that losing a job, sickness, end of a friendship, death of family member or friends.

As Christians we believe that God gives meaning to our lives and helps us everyday.

**We are people of work, ready to 'roll up our sleeves'.**

How do you think you are working at your studies at the moment?

What is stopping you from achieving the grades you are capable of at this time?

What support would help you to do better, for example, help with homework, mentoring, study skills class?

Do you need to put a plan into action and help to do it?

**We are kind, constant and persevering in our daily work.**  
We always try to reach our full potential in every area of our lives.

Give examples of members of your family or friends or others who work hard.

**It is as part of a team that we can encourage one another to reach our potential.**

We can often achieve more by working as a team. What teams are you a member of in or outside of school? What qualities/ skills do you bring to

the team?

**Reaching your full potential in College and Career options after school.**

We take time to invest in exploring all options for our future.

Have you explored with your teachers or parents what subject options, courses, training are open to you after you leave school. What further action do you need to take to prepare for this?

## TO DO:

**Is the Love of Work an important value in your school? Write some examples of when you have seen this value being lived out in your school**

**Read and write a paragraph on the message in the gospel story of the Talents. Gospel Matthew 25, 14-30.**

# 圣母的慈爱



**We care for each other like a mother does for her child.**

Mothers will go to any lengths to care, protect, encourage, support, and forgive their children. As Marists we adopt this approach to everybody we meet.

**Like Mary we are open to new challenges even if we are a little afraid.**

Name any person whom you admire for what they have achieved? Why do you admire them? Did they have to face any challenges

in life? How did they overcome them? Name any challenges you had to take on in life so far. What did you learn from the experience?

**We develop the ability to express our feelings appropriately.**

What are feelings? They are how we feel inside after events.

They include reactions such as anger, sadness, happiness and many more. We must remember that feelings in themselves are



neither right or wrong, the important thing is how we express them and how we act on them.

We should not hurt anyone else by reacting in the wrong way. We need to take care of our thoughts and feelings and talk to somebody we trust about our feelings and thoughts, especially if we feel very unhappy.

*We see Mary, like us, as a person on a journey of faith. Mary believed in God and had the confidence to do what he asked her to do. We respect that people believe different things but we remain open to the possibilities that God will present to us in life.*

## TO DO:

From time to time, do teachers, staff and students live their lives 'In the way of Mary' in your school? Write about some of the examples you can think of and when you have seen them happen.

Look up the names of helplines that provide support to people in times of need.

# WE SAY THIS PRAYER TO MARY TOGETHER



Mary, woman of peace, bring peace  
to our troubled world.

Mary, woman of courage, give us  
courage to do the right thing always.

Mary, woman who took risks, be our  
inspiration to take on new challenges.

Mary, woman of perseverance, give  
us strength when times get difficult.

Mary, woman of faith, help us to be  
open to God in our lives.

Mary, woman of strength, help us to  
support those who need our help.

Mary, woman of wisdom and  
understanding, help us to be open to  
new experiences.

Mary, woman of hope, help us to  
always see the good in others.

Mary, mother of God protect and  
guide us into the future.

Amen.

# MARIST VALUES

R T Y V Y G M F H Z F T H K G X N H S A  
 O K X U T R T C Q X S U H A N H L M U D  
 I C N R M U A H Q P O L Z T I O Z I C M  
 Q D O F A T N M H R H X F T R N E Q O F  
 A M V U A R G F F S T O Z R U R N E N S  
 K L L F T L A A M O E K E N T S V L F V  
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 M G Z R U C O M M U N I T Y Y B C D A U  
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**SIMPLICITY**

**LOVE OF WORK**

**ACHIEVEMENT**

**CONFIDENCE**

**ETHOS**

**NURTURING**

**TEAMWORK**

**PRESENCE**

**INTHEWAY OF MARY**

**ATTENTIVE**

**SCHOOL**

**ENTHUSIASM**

**HONEST**

**POTENTIAL**

**FAMILY SPIRIT**

**ACCEPTANCE**

**MARCELLIN**

**COMMUNITY**

**ENVIRONMENT**

**LOVE**

**RESPECT**



# IDENTIFYING YOUR PERSONAL VALUES

Sometimes our values aren't totally clear to us, and it may take a bit of reflection to figure out the principles, beliefs or ideas that are most important to us.

**To help identify your values, spend some time answering each of the following questions:**

1. Think of 2 people you really respect. What characteristics do you admire in them and why?
2. If your home were on fire (and all the people and pets in the house were safe), what 3 objects would you save and why?
3. If you could change one thing in your community, what would it be and why? What about in the world in general?
4. What issues get you the most motivated when you talk about them, or hear others talking about? Why do those issues effect you in this way?
5. Think of a moment in your life that was really satisfying or fulfilling for you. What was that moment and what made you feel that way about it?

## Now look over your responses.

- Do any themes emerge?
- What principles, beliefs or ideas stand out most in your answers? These are likely some of your personal values.
- If you are still unsure complete the 'My Personal Values Activity'

## MY PERSONAL VALUES ACTIVITY

**Instructions:** Examine the list of values provided (and include any additional values). Discuss each one with the person next to you and why you think it is more or less important than the others. Rank in order your most important values by placing a number from 1 to 5 next to each, with 1 being the most important.

<b>Personal Value:</b>	<b>Top 5</b>
1. Being physically healthy	
2. Being emotionally healthy	
3. Being there for my family	
4. Completing my education	
5. Working to promote equality and justice in our society	
6. Being wealthy	
7. Being in a healthy and satisfying romantic relationship	
8. Being seen as attractive by others	
9. Living according to my religious beliefs	
10. Being in a career that I enjoy	
11. Having and raising healthy and happy children	
12. Traveling and exploring the world	
13. Following the traditions of my culture	
14. Being respected by others	
15. Having significant power in the world	
16. Having a close group of friends	
17. Being able to support myself financially	
18. Helping others	
19. Continuing to learn new things	
20. Making a positive contribution to my community	
21. Having fun and enjoying my life	
22. Other:	
23. Other:	
24. Other:	



# Looking at your Top 5 values, do you always act in ways that are consistent with those values?

Chances are, you don't - since most of us don't always act in accordance with our values.

Why not? Sometimes it's difficult to do so in day-to-day life, especially if we're not always consciously aware of our values. Other times we are working towards a value, like completing your education, but aren't quite there yet.

One way to increase the extent to which we act in line with our values is to clearly identify what they are, and then work to keep them more in our conscious awareness.

## You can do that by:

Spending some time thinking, about why each value is important to you, and the actions you've engaged in or decisions you've made recently that were similar to that value.

## TO DO:

- Look back at the Marist values and match each of your values to one of them. Get a picture of yourself and draw all your values around it. Frame it and keep it somewhere you can see everyday.
- Create a concrete plan for specific things you can do to live your values more explicitly (e.g., making a plan to volunteer with a local program if you want to make a positive contribution to your community, or help out in your school). This can become an important element in setting and achieving your goals too.

## PRAYERFUL REFLECTION

As we come to the end of this module we ask you to take time to reflect on all you have learned.

As a class, follow the Marist Liturgy called 'Gathered around the Table'. You will find this on the Marist USB key or go to:

[www.maristeu.com](http://www.maristeu.com) - Resources - Marist Curriculum - Year 3  
- Marist Liturgy- Gathered around the Table.

# PROJECT

## Creating a Marist Value Booklet

In small groups create a booklet or brochure about Marist Values in your school.

Follow the instructions below and when completed send a copy to the Director of Marist Education. It will be published on the Marist Education website and maybe even win a prize!

### Instructions:

- Create a cover page to represent your school and its Marist Values.
- Introduction Page: write a short introduction about your school and what being Marist means in your school.
- Have one individual page for each value (Simplicity, Presence, Family Spirit, Love of Work and In the way of Mary). Write in your own words what each value means in your school.
- Include pictures of each value in action in your school. (Ask permission for the use of the photo in the booklet from anyone you photograph).
- On the final page, write some ideas about your hopes for Marist Values in your school. For example, you may want to start a new club to ensure people feel like they are part of a family (Family Spirit).

Be creative and think about the needs of the students.





Aisling Demaison  
Director of Marist Education

Marist Brothers West Central Europe

**If you would like to learn more about Marist Education go to [www.maristeu.com](http://www.maristeu.com) or contact the Director of Marist Education.**

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